

# Abortion and Contraception Resources for Southern Maryland



This booklet lists abortion clinics and online providers, local resources for contraception, and abortion funds and practical support networks. Please contact an individual resource for more information about the services they offer.

If you find an error or want to request an addition, contact FTP at [ftpsomd@gmail.com](mailto:ftpsomd@gmail.com).

# Abortion Providers

## Annapolis Planned Parenthood

<https://www.plannedparenthood.org/health-center/maryland/annapolis/21401/annapolis-health-center-2834-90620>

410-576-1414

929 West Street Suite 200

Annapolis, MD 21401

For most of Southern Maryland, Annapolis Planned Parenthood is the nearest clinic offering abortion services. They provide medication abortions up to 10 weeks and in-clinic abortions up to 14 weeks.

## Aid Access

<https://aidaccess.org/>

[info@aidaccess.org](mailto:info@aidaccess.org)

Aid Access offers abortion pills by mail for people who cannot access local abortion services. They offer medical consultations online and have information on their website about medication abortions. Due to high demand, they're currently only offering medication to people who are already pregnant, but they hope to resume offering abortion medications to people who can become pregnant, to keep on hand.

## Abortion On Demand

<https://abortionondemand.org/>

Abortion on Demand provides telehealth visits and offers abortion pills by mail, for people up to 8 weeks pregnant, in 22 states including Maryland. They require a physical address to ship to (not a PO Box or UPS box).

## Mya Network

<https://myanetwork.org/>

[Info@myanetwork.org](mailto:Info@myanetwork.org)

Mya Network provides abortion pills (for people up to 10 weeks pregnant) and in-office abortion for people up to 12 weeks pregnant. They offer in-person appointments as well as consultations by phone, email, video, or text, and can mail pills to patients in Maryland.

## Metro Area Advanced Practice Healthcare

<https://metroarea.health/abortion>

301-241-8181

[info@metroarea.health](mailto:info@metroarea.health)

Metro Area Advanced Practice Healthcare provides online video appointments for abortion pills, which they mail out. They also see patients in their Bethesda, MD office.

## DuPont Clinic

<https://dupontclinic.com/>

202-844-2004

1120 19th Street NW,

Washington, DC

20036

The DuPont Clinic provides abortion services up to 31 weeks of pregnancy. They work with the DC Abortion Fund, Baltimore Abortion Fund, and the Brigid Alliance, who provide financial support for abortions and for travel. They are accessible via the DC Metro and have travel and parking information on their website.

## Washington Surgi-Center

<https://www.washingtongsurgi-clinic.com/about-us/>  
2112 F Street NW, Suite 400, Washington, DC 20037  
202-899-5812  
844-390-0983

Washington Surgi-Center provides abortions up to 27 weeks of pregnancy. They're located near the Foggy Bottom Metro Station and have a map on their website.

## Suitland Planned Parenthood

<https://www.plannedparenthood.org/health-center/maryland/suitland/20746/planned-parenthood-prince-georges-county-4198-90230/abortion>

5001 Silver Hill Road Suite #103

Suitland, MD 20746

240-563-1220

Suitland Planned Parenthood provides abortion pills via in-person appointment. For people who are more than 10 weeks pregnant, they can also provide referrals for surgical abortion.

# Funding & Practical Support

## DC Abortion Fund (DCAF)

<https://dcabortionfund.org/get-help/>

(202) 452-7464

DCAF provides financial assistance for abortion to patients in DC, Maryland, and Virginia. They work with the DC Abortion Practical Support Network (DAPSN) to provide transport, housing, and escorts to appointments.

When you call, leave a voicemail and a case manager will reach out to you. In your voicemail, include

- your name
- your phone number
- how many weeks pregnant you are
- the date of your doctor's appointment
- whether or not it is okay for them to leave you a voicemail

## Baltimore Abortion Fund (BAF)

[https://www.baltimoreabortionfund.org/abortion\\_funding](https://www.baltimoreabortionfund.org/abortion_funding)

[practicalsupport@baltimoreabortionfund.org](mailto:practicalsupport@baltimoreabortionfund.org)

(443) 297-989

Baltimore Abortion Fund provides financial assistance and practical support for people getting abortions in Maryland. They work with clinics in Baltimore, Rockville, and Rosedale, and Dupont Clinic in DC. They may also be able to help patients with appointments at other clinics in Maryland.

When you call, leave a voicemail and a case manager will follow up with you. Make sure to include:

- Name
- Phone number where you can be reached
- Whether it's okay to leave a message
- How far along you are in your pregnancy
- Date and location of appointment if you've made one

While they prefer phone, they also take requests for assistance via email if that's more accessible or if calling is an issue for you for whatever reason (safety, cell phone availability, etc.).

# Contraception

## St. Mary's County Health Department

<https://smchd.org/health-clinic/>

301-475-4330

21580 Peabody St.

Leonardtown, MD 20650

Offers pregnancy testing and contraception, Monday to Friday 8:00 AM to 3:30 PM. They accept insurance and have a sliding scale for patients without insurance. No one is turned away for inability to pay.

## Calvert County Health Department

<https://www.calverthealth.org/personalhealth/healthservices/reproductive.htm>

410-535-5400 x332 or 301-855-1353 x332

975 Solomons Island Road North, Prince Frederick MD

Offers pregnancy testing and emergency contraception by appointment, Tuesdays, Wednesdays & Thursdays 8:00 am - 11:00 am & 1:00 pm - 3:30 pm. They accept medical assistance and major insurances with out-of-network coverage. Family planning services are offered on a sliding scale based on income.

## Planned Parenthood

3975 St. Charles Parkway

Waldorf, MD 20602

410-576-1414

<https://www.plannedparenthood.org/health-center/maryland/waldorf/20602/waldorf-health-center-2900-90620>

The Planned Parenthood in Waldorf, MD offers emergency contraception, including the morning-after pill and copper IUD insertion. They can provide birth control pills by mail after an in-person appointment.

## Feed the People, Free the People

<https://www.facebook.com/Feedthepeople-Somd-Requests-104635528617545>

As part of our mutual aid and harm reduction efforts, FTP offers over-the-counter meds, including Plan B contraception, at both of our weekly tables. (We also offer canned and dry goods, toiletries, and other essentials.) Everything we offer is no questions asked. The Great Mills table sets up in St. Mary's Square from 11 AM to 1 PM on Sundays, and the Prince Frederick table sets up on West Dares Beach Road (next to the Chipotle) from 11 AM to 1:30 PM on Sundays.

If you can't make it to one of our weekly tables, we can set up a delivery – send a message to our requests page on Facebook.

# Take Action

When an illegitimate Supreme Court struck down Roe v. Wade, setting reproductive freedoms, and medical privacy in general, back 50 years, lots of people have been motivated to take action. Everyone brings their own unique skills, talents, and resources, and there are as many ways to get involved in the fight for reproductive justice as there are people.

## Ways to act include:

- Volunteer with any of the abortion funds, practical support networks, political groups, or mutual aid networks listed in this brochure.
- Copy and distribute this brochure to make sure everyone in Southern Maryland knows what resources are available to them.
- Donate or fundraise for an abortion fund, practical support network, mutual aid group, or other organization supporting reproductive freedom in the community.
- Contact local, state, and federal legislators and executives and push them to support full reproductive freedom for everyone. In Maryland, this includes refusing to extradite Maryland residents or support out-of-state investigations that criminalize patients who are forced to travel to seek care, and anyone who helps or supports them.
- Share information about medication abortion, including sites like AidAccess.org or PlanCPills.org.

# About Us

Feed the People, Free the People is a mutual aid effort supported by Southern Maryland White Rose and DSA (Democratic Socialists of America) SOMD, as well as a random assortment of do-gooders and troublemakers. We believe every person deserves full autonomy over their reproductive health.

Check us out on Facebook:

<https://www.facebook.com/groups/1825779120913406> (or search FeedThePeople SOMD)

Request a delivery of food, toiletries, harm reduction supplies, or contraception by sending a message to our requests page:

<https://www.facebook.com/Feedthepeople-Somd-Requests-104635528617545>

Check out our blog for posts on mutual aid and a leftist view of local politics: <https://freethepeoplepress.wordpress.com/>

SOMD DSA is an organizing committee (soon-to-be chapter) of the Democratic Socialists of America. We are locals committed to building a progressive movement for social change in the Southern Maryland Community. Check us out on Facebook (<https://www.facebook.com/somddsa>), Twitter (@DsaSomd), and Instagram (@DSASOMD).

